

Get Up, Get Moving, Get Healthy Contest



Its time to put down the remote, get off the couch and do something for your health!

Join the Magna “Get Up, Get Moving, Get Healthy Contest” and get started on a healthy lifestyle while competing for \$\$\$!

- Contest is **FREE** to all Magna Residents -

Contest Prizes:

- \$150 for the greatest percentage of body fat loss in each age division.
- 30 Day Membership to Magna Fitness Center for the 2nd greatest percentage lost in each division.

Contest Rules:

- Contestants must be 18 years of age or older to participate.
- Contestants must attend the “Kick Off” on March 20th and the last measurement on May 22nd.
- Contestants must attend 1 of the 2 mid-program measurements (April 10th or May 1st) and 2 of the 4 seminars (March 27th, April 17th, April 24th, May 15th) to be eligible for the prizes.
- Contest begins Saturday, March 20th at 9:00 am–1:00 pm at Magna Recreation Center.
- Winners will be announced Saturday, May 22nd at 11:30am after the final measurements.
- Contestants may utilize the facilities at Magna Recreation Center Wednesday from 11:00am-3:00pm free of charge.
- When utilizing the facilities at Magna Recreation Center, contestants must wear their ID badge at all times. Failure to wear the ID badge will result in denied access to the Recreation Center unless a daily fee is paid.
- Questions? Contact Mike Stagg, Magna Rec 250-2194 or Darrin Sluga, SLVHD 468-2729.
- All decisions by the Magna Healthy Community Committee are final.

Contest Entry - bring entry form to the “Kick Off” event Saturday, March 20th @ 9:00am.

Name: _____

Age 18-29 45-59
 30-44 60 and over

Mailing Address: _____

E-mail: _____

Daytime Phone: _____